



**ENSO**

	Programme example - 2 weeks
<b>Day 1</b>	<p>Greeting by employees of Enso</p> <p>Welcome meeting 'Get to know you' - icebreakers Go over schedule Understand expectations Accommodation arrangements</p> <p>Walking tour Bristol</p> <p><b>3:10 PM -4:00 PM</b> - Quiz</p> <p><b>4:00 PM - 5:00 PM</b> (Google Forms, Free WIFI required)</p>
<b>Day 2</b>	<p>Organizational meeting:</p> <ul style="list-style-type: none"><li>- getting acquainted with the rules of internship,</li><li>- getting to know the organisational structure of the railway company, company profile, health and safety risks</li><li>- rules of operation (regulations, regulations) in which participants will carry out their internship,</li><li>- getting acquainted with the applicable health and safety at work and fire protection regulations in English institutions</li></ul> <p><b><u>Bristol Harbour Railway Tour followed by workshop</u></b> Accompanied by a member of Enso and tour guide Viewing of the locomotive steam train.</p>

	<p>Talk about the railway and its connection to the building  Trip to the MShed Museum.  Presentation 'Introduction to the Railcentre' in The Conversation Room  Q&amp;A</p> <p><b><u>The Institute of British Railway Operators course.</u></b>  <u>Workshop from Enso Group at The Hub.</u>  Focus on customer service, dealing with complaints, train cancellation and delay solutions.  Quiz</p> <p><b>3:10 PM -4:00 PM - Quiz</b></p>
<b>Day 3</b>	<p>Presentation on the transport system in the UK. Presentation of various means of transport in the UK and familiarising participants with their technical details.</p> <p>Practical classes: distinguishing between elements of railroads and railroad bridges and determining their functions. Students will distinguish the rolling stock and determine its purpose, they will learn about the equipment of passenger and freight carriages in the Netherlands.</p> <p>Model train activity link - practical workshop</p> <p><b><u>Will walk you to Hitachi Train depot. Northway, Little Stoke, Filton BS34 7QG.</u></b>  10.00- 14.00 Hitachi train depot, Stoke Gifford, Bristol. Modern, brand new electric train depot with the brand new GWR 800 fleet is maintained. Tour and presentation on the build.  Please wear sensible shoes no trainers or heels.  Hi-Vis will be supplied.  12.30 lunch.</p> <p><b><u>The Institute of British Railway Operators course</u></b>  With your tutor.  Health and safety in different institutions related to the railway.  Comparison to your country railway including laws.</p> <p><b>3:10 PM -4:00 PM - Quiz</b></p>

<p><b>Day 4</b></p>	<p>Practical classes on the technical aspects of piloting trains. Students will work out simple train timetables and plot traffic graphs</p> <p><b>09:00 AM</b> Students arrive at Railcenter, accompanied by expert from Enso. Meet with Manager Learning and development for: Presentation ‘An Introduction to the Railcenter’ And explanation of our organisation (Railcenter, our goals and role within the world of Rail)</p> <p><b>13:00 AM</b> Tour of Railcenter group 1</p> <ul style="list-style-type: none"> <li>● guided tour in two groups</li> </ul> <p><b>15:00 AM</b> Tour of Railcenter group 2</p> <ul style="list-style-type: none"> <li>● guided tour in two groups</li> <li>●</li> </ul> <p><b><u>The Institute of British Railway Operators course</u></b> <b><u>Workshop lead by Enso expert - ‘History of UK Railways’.</u></b> Content inclusive of changes in privatisation and technologies. Quiz</p> <p><b>3:10 PM -4:00 PM - Quiz</b></p>
<p><b>Day 5</b></p>	<p>Practical classes: - Getting to know the operation of traffic control devices on railway routes and traffic stations; - Using schematic plans of railway stations. Participants will visit the Bristol railway terminal.</p> <p><b>14:00 PM</b> ‘Rail Disasters’ Presentation and Workshop</p> <p>Train Tourism in the UK. Use PCs to plan itineraries for 1,2 and 3 day excursions on the train. Timings, costs, ease and logistics. Compared to coach prices. <a href="https://www.visitbritain.com/gb/en/campaigns/tour-britain-train#ISw6bFIXAUScccFI.97">https://www.visitbritain.com/gb/en/campaigns/tour-britain-train#ISw6bFIXAUScccFI.97</a></p> <p><b><u>RT training day with in The Hub, Enso Group.</u></b> Training will include; Planning Engineering Work, Traction and Rolling Stock, Electrification, Control Systems, Structures, Permanent Way, Safety requirements to go on or near the network, Rail infrastructure, Railway documentation and instructions, Railway legislations, The structure and operation of the rail industry. Take</p>

	<p>videos. Quiz</p> <p><b>16:30 PM - 17:00 PM Quiz</b> (Google Forms, Free WIFI required)</p>
<b>Day 6</b>	<p>The group will meet with a representative from the city's transport department. He will explain how transport works in Brsitol, what the connections are, what companies manage it, etc. He will conduct classes on marketing activities related to the provision of transport services; the students will prepare the roster of employees. Initial evaluation meeting at the Partner's premises. Students will complete an evaluation questionnaire.</p> <p>Meeting with the head of the transport administration of the city of Bristol on the technical aspects of the city's railway system. The representative will conduct classes during which students will learn about the provision of public services and improving these services. Students will work out simple timetables and plot traffic graphs. Afternoon: Work on - <u>European Rail Traffic Management System (ERTMS)   ERA</u></p> <p><b>16:30 PM - 17:00 PM Quiz</b> (Google Forms, Free WIFI required)</p>
<b>Day 7</b>	Implementation of the cultural program - sightseeing of Bristol
<b>Day 8</b>	Implementation of the cultural program - a trip to your choose places
<b>Day 10</b>	<p><b><u>09.00-16.00 Blue team- Intertrain</u></b> Day 1 topic A training in Intertrain 10 students Team Blue. Take videos of training. Practical training - train signalisation, moving tracks etc. Quiz</p> <p><b><u>10.00 Green Team at The Hub, Enso Group.</u></b> Supported by member of the team Design and prepare passenger survey in Enso Group training room. Practice on each other and print. Ensure there is a detail for statistics. Quiz</p>

<p><b>Day 11</b></p>	<p><b><u>09.00-16.00 Blue team- Intertrain</u></b>  Day 1 topic A training in Intertrain 10 students Team Blue. Take videos of training. Practical training - train signalisation, moving tracks etc.  Quiz</p> <p><b><u>10.00 Green Team- Temple Meads, Station Approach, off Bath Road, Bristol BS1 6QF</u></b>  Complete passenger survey at Temple Meads in the morning and Yatton in the afternoon.  Quiz</p>
<p><b>Day 12</b></p>	<p>Practical classes, during which students learn how to use computer programs supporting railway traffic management.</p> <p>Workshops: Signal Passed At Danger</p> <p>Practical classes: participants will be received by the head of the Department of Transport and Logistics. The head of the department will present the particular department. He will conduct classes during which students will prepare transport documents, they will plan the routes of transporting loads, parcels and people; the students will make plans for the efficient use of the wagons.</p> <p>Locomotive Workshop, accompanied by Matt from The Enso</p> <p><b><u>GWR and Severnside-accompanied, The Engine Shed. Temple Meads, Station Approach, off Bath Road, Bristol BS1 6QF.</u></b>  09.00-10.00 Presentation by Severnside on community involvement with railways.  10.00-11.00 GWR talk and presentation.  11-12pm tour of Temple Meads with GWR.  12-1pm lunch in the Engine Shed room members lounge.  13.16- 14.32 return trip to Severnside Beach.</p> <p><b>16:30 PM - 17:00 PM Quiz</b>  (Google Forms, Free WIFI required)</p>
<p><b>Day 13</b></p>	<p>Classes during which students will learn about the operation of traffic control devices on railway routes and traffic posts, will use schematic plans of railway stations, students will prepare</p>

	<p>documentation related to the operation of railway traffic control devices and communication devices.</p> <p>Practical classes: - Using train timetables; - Using computer programs supporting railway traffic management.</p> <p>Workshop: - Rolling Stock of The Bristol</p> <p>Workshop: <b><i>UWE Training</i></b>, Workshop and sessions at the University of the West of England. Focus on the Economics of the railway now and in the future, timetabling and introductory geometrics.</p> <p>1315 to 1335 walk to The Network Rail Training Centre at Bristol Parkway  1335 to 1445 register and brief  1445 to 1645 visit around the Centre  1645 to 1705 walk back to UWE lecture room  1705 to 1715 debrief.</p> <p><b>16:30 PM - 17:00 PM Quiz</b>  (Google Forms, Free WIFI required)</p>
<b>Day 14</b>	<p>Evaluation of the professional practice during the internship. Exchange of experiences about the internship. Summary and evaluation of the implementation of the assumed goals of the internship and the implementation of the cultural program. Handing out certificates, exchanging information and experiences, and filling in evaluation questionnaires.</p> <ul style="list-style-type: none"> <li>● Project round-up</li> <li>● Farewell activity with from Enso.</li> <li>● Certificates ceremony</li> </ul> <p><b>16:30 PM - 17:00 PM Quiz</b>  (Google Forms, Free WIFI required)</p>
<b>Day 15</b>	<p>Return to your country</p>